MIND BODY SPIRIT Merging Hearts News

opportunities to nurture the mind, heal the body, and awaken the spirit

October 2025



OCTOBER SPIRITUAL ROUNDTABLES

Sunday, Oct 5th - 10:30 am to noon Spiritual Roundtable

Using Haiku Poetry in Spiritual Growh with David Kidd

Join us for a hands-on class with David Kidd about Haiku poetry and how we can grow spiritually with it. Suggested \$5 Love Offering





Sunday, Oct 12th -10:30am to noon Spiritual Roundtable

The Spirituality of Hope with Shannon Ortiz from Light After Loss

As a result of Shannon Ortiz's own difficult and lonely journey through suicide loss, she is a light for others to spread hope for healing through her organization Light 🚄 After Loss. Suggested \$5 Love Offering

Sunday, Oct 19th -10:30am to noon Spiritual Roundtable

We Are Not Alone with Cassie Shaw

A compelling discussion and presentation about UFOs in our area. She will share why she believes we are not only not alone in the Universe, but why she believes beings from other worlds are, and have been visiting planet Earth. Suggested \$5 Love Offering





Sunday, Oct 26th -10:30am to noon Spiritual Roundtable

Scalar Energy & Wellness with Dr. Leonard Knell

Dr. Knell will be talking about scalar energy and water and how the concept that water has memory ties in with the LifeShield laser. Suggested \$5 Love Offering

Have you considered participating in Merging Hearts leadership?

If you enjoy the MH spiritual community and would like to be in on the decision-making, let us know! New ideas and new members are always welcome! We elect a new Board of Directors at the Annual Membership meeting on Sunday, November 9th and are NOW taking nominations. Speak with a board member or the facilitator of the group you enjoy! Or email mhhcboard@gmail.com



Become a CONTRIBUTING MEMBER, SUSTAINING MEMBER or PATRON MEMBER of Merging Hearts with an ongoing monthly donation. We have been a registered 501c3 nonprofit organization for two decades offering a full spectrum of spiritual programming that supports spiritual awakening, personal growth and fellowship in our area. This has been done through the generosity of people who have participated, volunteered and sustained our organization through their ongoing donations. Keep our organization strong by joining us and making an ongoing donation of \$25, \$50 or \$100 per month. Click on this QR code or visit merginghearts.org/donate to show your support of Merging Hearts Spiritual Center. Donations are tax deductible. Thank you!



Join us for our ONGOING GATHERINGS

Healing Share every 2nd Tuesday, (10/14) 7:00 - 9:00 pm

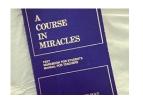
Moderator: Lisa Miller

Practitioners of all healing modalities and participants come together in collective consciousness to give and receive within an atmosphere of Love & Light. Learn about self-healing and healing others. Each meeting begins with introductions and a grounding meditation. Suggested \$5 love offering



NOTE TIME CHANGE A Course in Miracles BOOK STUDY every

Wednesday, <u>11:30a – 1:30p</u> Moderator: Norm Lord This on-going group at Merging Hearts follows the self-study curriculum of spiritual transformation in the book *A Course in Miracles*. Suggested love offering \$5



Merging Hearts Monthly Board Meeting 2nd Sunday (10/12)

8:30 am to 10 am of the Merging Hearts Board of Directors is open to all. We gather in the kitchen at Yoga Central before the Sunday Spiritual Roundtable. Join us! *Ask a Board member about being an Apprentice!*



Future Spiritual Roundtable discussions

Sunday, 11/2 - The Intersection of Spirituality & Mental Health with Trisha Beck from Recovery Works

Sunday, 11/9 - <u>Annual Membership Meeting & Pot Luck Gathering</u>
We are currently accepting nominations for the 2026 Board of Directors

Sunday, 11/16 - The Dreamer Awakens: Mandalas with Kathy Jevec

Sunday, 11/23 - Merging Spades with Nestor Maat & Ron Boyd

Sunday, 11/30 - The Creator's Campfire with Rainbow Eagle

Sunday, 12/7 - <u>Perimeters & Possibilities</u> with Todd Anthonsen

Sunday, 12/14 - Ask It Basket Open Discussion

Sunday, 12/21 - Christmas Gift Exchange & Pot Luck

Sunday, 12/28 - Collaborative Energy with Reese Kauffman

RSVP at merginghearts.org/events-calendar

Scroll down for our exciting FALL LINEUP!



Merging Hearts Spiritual Center is tax-exempt under section 501(c)3 of the Internal Revenue Code.

www.merginghearts.org

We offer a full spectrum of programs appealing to those seeking enlightenment, peace and cutting-edge spiritual information. Many gatherings are offered on a donation basis, but we depend upon the generosity of the community to sustain our operations. Please click on the QR code to make a one-time or continuing donation to our organization. Thank you. Merginghearts.org/donate





Merging Hearts Spiritual Center

Merging Hearts Spiritual Center is a non-profit 501-C3 offering opportunities to nurture the mind, heal the body and awaken the spirit. We host a variety of activities intended to educate, refresh and feed the soul. Choose from one of our regular gatherings such as our Sunday Spiritual Roundtable, monthly Healing Share, ACIM book study.

More Fall Wisdom



Trisha Beck from Recovery Works Being Well will explore the topic The Intersection of Spirituality and Mental Health on Sunday, Nov 2 at

10:30am during our Spiritual Roundtable. Trisha will offer a brief description of the eight domains of wellness, then dive deeper into the impact of spirituality on overall wellbeing and good mental health.



On Sunday, Nov 16, 10:30am, Kathy Jevec will emerse us in a mandala experience during her presentation The Dreamer Awakens: A geometric figure representing the universe and the universe of the self. We see mandalas in nature, science, mathematics, and artists renditions. Time will be provided for attendees to choose and begin filling in their own mandala.



Nestor Maat & Ron Boyd lead our Spiritual Roundtable on Sunday, Nov 23, 10:30am with the topic The Artificial Super Intelligence is rap-

idly approaching with it uncertainty of the future: Will artificial intelligence bring a transhumanistic utopia or will it destroy us? We are at the fork in the road, folks: How are you preparing spiritually?

More than 20 years ago a few friends began gathering on Sunday mornings to talk about their daily lives in a spiritual context. As their numbers grew they called themselves Merging Hearts because when they were together, and even when they weren't, they felt their hearts were merging.

The group has continued its spiritual discussions every Sunday morning with their Spiritual Roundtables, continuing to bring compelling programming to the community. Merging Hearts has became a hub of spiritual activity with book studies, ceremonies, classes and presentations by local experts. It has been one of the few organizations in NE Ohio to offer an annual Fire Walk.

www.merginghearts.org

Spiritual Roundtables take place at Yoga Central 4626 Cleveland Ave NW in Canton, OH 44709



Todd Anthonsen's topic on Sunday, Dec 7, 10:30am is Perimeters and Possibilities, a Numerology Workshop

Define and refine the Journey of Life through an interactive

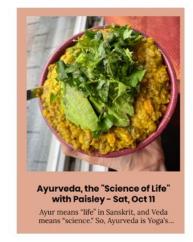
workshop with Numerologist, Todd Anthonsen. Discussion group designed to invite attendees to identify and share aspects of their journey through numerology by examining the date of birth. Through presentation and open discussion guests will discover and reflect on common concerns, goals, opportunities and obstacles that exist beyond the confines of more conventional approaches to self-development.

Spiritual Roundtable is offered for a suggested \$5 Love Offering To RSPV visit merginghearts.org/event-calendar

The Yoga Place & Yoga Central

SCHEDULED Classes





A full schedule of interesting and enlightening activities and services as well as a full schedule of yoga classes!

Visit

theyogaplaceohio.com for details!

ON-GOING Classes





Yoga Central is home to Merging Hearts Spiritual Center. Let's support their programming!

New Practitioners





Yoga Central is also home to several health practitioners including a Vibrational Sound Therapist, massotherapists and energy workers. We will begin highlighting these magical professionals in future newsletters.